

Heroes Live Here™ and BC 4-H

“Heroes Live Here was a really natural fit with our Youth Action conference. The Discover, Celebrate and Act portions of the program all contributed to our delegates’ understanding of what a hero or leader truly is and helped motivate them to reach their own potential and make a difference in their communities. I would definitely recommend the model and will likely use it again in our future programming.”

-Youth Action 2009 Coordinator Sarah van Heeswijk

Sarah submitted her favourite 4-H Hero Recipe, created by the youth who attended a 4-H Youth Action camp in July 2009:

- 1 ordinary person
- 1 cup of passion
- Dash of bravery
- Handful of goals
- 4 cups kindness
- 1 message

Mix together with a splash of positivity. Knead in choices with the mix, then bake in an oven of intelligence.